

Registration Check-Off List - 2019

Rowers Name: _____

The following (linked) forms and this check list must be completed and returned when registering and prior to participation:

_____ Consent Form ([online with Jackrabbit registration](#))

_____ Medical A & B ([online with Jackrabbit registration](#))

_____ [Rower Information Sheet](#)

_____ [Declaration of Health and Swimming Ability](#)

_____ [Alcohol, Tobacco, Illegal Substances and Weapons Policy](#)

_____ [Parent Responsibilities](#)

_____ [Receipt of Information and Agreement of Support](#)

_____ [Photographic Model Release](#)

_____ Signed up in [iCrew.club](#)

To be completed before the Participant's first race:

_____ [US Rowing Proof of Membership](#) (linked and pay online. Club Code: LNP73)

_____ US Rowing Release of Liability (online at above link)

To be completed before Spring Practice:

_____ [Lightweight Rower Health Certification](#)

Rower Information Sheet

Rower's Name (as it appears on Driver's License or Valid Govt ID):

Preferred Name: _____

Primary Household: parent(s) or guardian(s) name(s):

Address: _____

City: _____ Zip: _____

Telephone: number order in which we should try to call in an emergency

1. _____ (Who): _____

2. _____ (Who): _____

3. _____ (Who): _____

Rower's Phone:

Declaration of Health and Swimming Ability

I confirm my child can swim 100 meters in light clothing: Yes / No

I confirm that my child does not suffer from any known medical or physical condition that might affect him/her during physical exercise: Yes / No

Alcohol, Tobacco, Illegal Substance, and Weapons Policy

Newport Sea Base Rowing enforces a zero tolerance policy regarding the acquisition, use, or possession of alcohol, marijuana, tobacco, e-cigarettes, vaping, narcotic, or any other illegal substance (including, but not limited to, proscribed performance enhancing substances) or weapon of any kind. This policy provides that any NSBR member who is found to have been in possession of alcohol, marijuana, tobacco, e-cigarettes, vaping, narcotic, or any illegal substance, or weapon at any time during an NSBR activity or official event, or school activity will have his or her participation/membership immediately suspended pending a termination review.

This policy applies to all NSBR activities, including practices, regattas, and official NSBR social events. It applies to all times during those activities, including from the time a member enters the parking lot, boards a car, bus or van, or enters the premises of any official social event until such time as the member ceases to be engaged in the activity or the event and has left the premises. **Since Newport Sea Base encourages good citizenship this policy also applies to non- NSBR events and activities including but not limited to school programs and social functions.**

A termination for violation of this policy shall be effective immediately for an indefinite period. In the event of a termination of membership as a result of this policy, the affected member will forfeit, without right of reimbursement, all membership dues. The member may subsequently re-apply for membership with the understanding that the decision whether or not to re-admit the member is solely within the discretion of the Newport Sea Base.

Unfounded, malicious reporting of violations of this policy will result in the indefinite suspension of the guilty party/parties.

The coaches and Program Director are charged with the initial responsibility of investigating and determining whether a violation of the policies has occurred. On making the determination that a violation has occurred, the coaches shall promptly inform the member who committed the violation. The coaches will determine if the violation requires immediate action or action that may await further review. At a regatta a violation may mean immediate dismissal from the competition and the athlete being sent home at his or her/own expense.

Athlete's Signature:

_____ Date: _____

Parent/Guardian's Signature:

_____ Date: _____

Parent/Guardian's Signature:

_____ Date: _____

Parent Responsibilities

Being an NSBR parent entails certain responsibilities. I agree that I will:

1. Read and abide by the article "Parent Interaction with Coaches".
2. Ensure that all forms and fees are delivered on time.
3. Take a lead role in supporting my rower, and participating in chaperoning and food support at regattas.
4. Respect that the coaches have full responsibility for training the participants.
5. Respect the coaches as the final authority on boat selection and rowing matters.
6. Remember that the coaches seek to create a positive experience for as many athletes as possible and that while decisions may appear somewhat subjective, they are not personal.
7. Not distract the coaches before, during practice, or at regattas.
8. Refrain from communicating with coaches during a practice.
9. Attend all mandatory Parent Meetings.
10. Refrain from making disruptive or negative comments about any participant, coach, program director, officials or opponents. Lack of cooperation with this may result in my child and me being removed from the program.
11. Support my rower and enjoy his or her growth and development through their commitment, dedication and teamwork.

I understand that I will be approached regarding any violations of the above. After two such interventions my rower and myself may be removed from the program.

Parent/Guardian's Signature:

_____ Date: _____

Parent/Guardian's Signature:

_____ Date: _____

Receipt of Information and Agreement of Support

We have received and read the program information and policy documents outlining the Newport Sea Base Rowing junior team goals, schedules, rules, regulations, exceptions and general guidelines, including the Participant Code of Conduct and Overnight Trips.

As a rower on the Newport Sea Base Rowing junior team and as parent(s) of a member of the rowing program, we understand and support the rowing program in its philosophy and policies, including, inter alia, the Participant Code of Conduct, Overnight Trips, Parent Responsibilities, and Zero Tolerance Policy.

Rower Signature:

_____ Date: _____

Parent Signature:

_____ Date: _____

Parent Signature:

_____ Date: _____

Photographic Model Release

- Newport Sea Base Rowing, a California state not for profit corporation is hereinafter referred to as "NSBR". Photographic images taken of NSBR rowers participating in any NSBR related activities are hereinafter referred to as "images". Any Individual affiliated with NSBR or the rowers taking images are hereinafter referred to as "the photographer".
- I hereby give NSBR and the photographer and their assigns my permission to license the images and to use the images in any media for any purpose (except pornographic, defamatory, libelous, or otherwise unlawful) which may include, among others, sale, advertising, promotion, marketing, and packaging for any product or service. I agree that the images may be combined with other images, text, graphics, and cropped, altered or modified.
- I agree that I have no rights to the images and all rights to the images belong to NSBR and the photographer and the assigns. I acknowledge and agree that I have no further right to additional consideration or accounting, and that I will make no further claim for any reason to NSBR, photographer and/or assigns. I acknowledge and agree that this release is binding upon my heirs and assigns. I agree that this is irrevocable, worldwide and perpetual and will be governed by the laws of the State of California.
- I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the, or related to the, use of the photograph.

I have read this release before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of release.

NSBR Rower Name:

_____ (printed)

I am 18 years of age or older and I am competent to contract in my own name.

NSBR Rower Signature:

_____ Date: _____

I am the parent or legal guardian of the NSBR rower named above who is a minor and I sign on their behalf agreeing to the terms of this release.

Name of Parent/Legal Guardian:

_____ (printed)

Signature of Parent or Legal Guardian:

_____ Date: _____